

June 2021

Take charge of your well-being

In this issue, learn how to maximize your financial planning, find back-up care for your kids this summer and get involved with Pride Month and National Safety Month.

FINANCIAL Well-being



Closing the racial wealth gap

In observance of Juneteenth, OneUnited Bank, the largest Black-owned bank in America, is offering access to a free financial conference to promote the steps you can take to create generational wealth for your family. [Learn more.](#)

View your personalized Total Rewards package on Total Rewards Gateway

Access your personalized Total Rewards information. Visit the Total Rewards Gateway and click the “Log in” button in the top right corner. [Learn more.](#)

Make the best decisions for your finances

There’s a lot to consider as you manage your money. Join Fidelity’s [Five Money Musts workshop](#) on **June 16** at **noon** or **3 p.m. ET** to learn what you should be doing today to prepare for the future. You can also get personalized tips to improve

your financial well-being with a [complimentary one-on-one Fidelity consultation](#) or by completing your [Financial Wellness Checkup](#) on Fidelity NetBenefits®.

PHYSICAL Well-being



Is your doctor a good match for you?

Finding a primary care physician you trust is important for your health and well-being. Fortunately, there are a lot of ways to find the right match for you. [Learn more.](#)

Workplace safety in the spotlight for National Safety Month

This June, we're recognizing National Safety Month by highlighting important ways to promote a safe workplace. [Learn more.](#)

SOCIAL Well-being



Celebrating the LGBTQ+ community this Pride Month

We're celebrating the achievements and contributions of LGBTQ+ individuals and raising awareness about the power of acceptance and the freedom of living as your authentic self. [Learn more.](#)

See what's new on *Engage*

Check out the new "Community" feature in Engage that allows you to connect with your co-workers on health and well-being topics. [Learn more.](#)

EMOTIONAL Well-being



When school's out, back-up care is here

Caregiver unavailable? Rely on Bright Horizons to coordinate back-up care. [Learn more.](#)

ENGAGE in your Well-being



Redeem your *Engage* Q2 points to win cash, gift cards and more

When you're signed up on *Engage* you get points daily for your healthy habits like activity and nutritious food choices. **Remember to redeem your Q2 points by June 30.** Register for [Engage](#) to participate in challenges, receive reminders on healthy habits, participate in a community chat and so much more! Contact MyWell-being@ngc.com if you have questions.

Well-said: Employee testimonial

“As part of the NGWIN team, our ERG knew we wanted to do something to recognize Breast Cancer Awareness in October, but we weren't sure where to start. Our local Well-being Educator partnered with us along with the Work/Life Solution team to create an event that fit our needs. The Work/Life Solution team heard our desires and tailored activities to our specific requirement, to include brainstorming options for an interactive virtual event during COVID restrictions. Our local Benefits Analyst and the Work/Life Solution team were excellent partners throughout the process, and the NGWIN team looks forward to partnering on future events with them!”

- Penny M. (Manager HR Business Partner, Huntsville, AL)

My well-being webinars

Participate in upcoming well-being webinars designed to help you thrive financially, physically, socially and emotionally. [Click here](#) for a complete list of webinars and details on how to register.

For more information, visit [My Well-being](#) on [Total Rewards Gateway](#).